

Preparing For Relationships Education and Health Education from September 2020

PSHEe Parent and Carer Engagement Meeting

What is Changing?

- From September 2020, Relationships Education and Health Education will become a statutory subject in all schools – a “grace” period until the Summer Term 2021 has been allowed for schools who were not ready to implement the new planning due to Covid-19.
- Sex Education will also be statutory in all secondary phase schools, and optional for primary phase schools (except where elements of this are in the curriculum already e.g. Science)

What is Included in the New Curriculum?

Health Education

Primary schools should cover:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

What is Included in the New Curriculum?

Relationships Education

Primary schools should cover:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

What is Included in the New Curriculum?

Example

Being safe	<p>Pupils should know</p> <ul style="list-style-type: none">• what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context).• about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.• that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.• how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know.• how to recognise and report feelings of being unsafe or feeling bad about any adult.• how to ask for advice or help for themselves or others, and to keep trying until they are heard.• how to report concerns or abuse, and the vocabulary and confidence needed to do so.• where to get advice e.g. family, school and/or other sources.
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Why is it Important to Schools?



Promoting fundamental British values as part of SMSC in schools

Departmental advice for maintained schools

November 2014



Keeping children safe in education

Statutory guidance for schools and colleges

September 2019



School inspection handbook

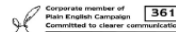
Handbook for inspecting schools in England under section 5 of the Education Act 2005



Academies Act 2010



Children and Social Work Act 2017



Published: September 2018
Reference no: 150066



Education Act 2002



Equality Act 2010



Children Act 2004

School Aims/Values

AT OAK MEADOW PRIMARY SCHOOL, WE FEEL PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) ENABLES OUR CHILDREN TO BECOME HEALTHY, INDEPENDENT AND RESPONSIBLE MEMBERS OF A SOCIETY. IT AIMS TO HELP THEM UNDERSTAND HOW THEY ARE DEVELOPING PERSONALLY AND SOCIALLY, AND TACKLES MANY OF THE MORAL, SOCIAL AND CULTURAL ISSUES THAT ARE PART OF GROWING UP. WE PROVIDE OUR CHILDREN WITH OPPORTUNITIES FOR THEM TO LEARN ABOUT RIGHTS AND RESPONSIBILITIES AND APPRECIATE WHAT IT MEANS TO BE A MEMBER OF A DIVERSE SOCIETY. OUR CHILDREN ARE ENCOURAGED TO DEVELOP THEIR SENSE OF SELF-WORTH BY PLAYING A POSITIVE ROLE IN CONTRIBUTING TO SCHOOL LIFE AND THE WIDER COMMUNITY. IT IS OUR INTENT TO MAKE THE CURRICULUM ACCESSIBLE TO ALL PUPILS.

WE INTEND TO DESIGN A 'BALANCED AND BROADLY-BASED CURRICULUM WHICH PROMOTES THE SPIRITUAL, MORAL, CULTURAL, MENTAL AND PHYSICAL DEVELOPMENT OF PUPILS WHICH PREPARES THEM FOR THE OPPORTUNITIES AND RESPONSIBILITIES AND EXPERIENCES IN LATER LIFE.

AS A RESULT OF OUR PSHE CURRICULUM WE INTEND FOR OUR CHILDREN TO KNOW HOW TO BE SAFE AND TO UNDERSTAND AND DEVELOP HEALTHY RELATIONSHIPS BOTH NOW AND IN THEIR FUTURE LIVES.

These aims all link into the work we do in our PSHEe and fit in well with Relationships and Health Education

How Are we Preparing for the Changes?

- We already teach most of the topics across our curriculum
- We have reviewed our resources against the new requirements and decided to improve our offer to our children with some new resources
- We are monitoring these lessons this year to see how effective they are for pupils and teachers

Curriculum Overview

	Autumn: Relationships			Spring: Living in the wider world			Summer: Health and Wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
Year 1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise; hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Year 2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working co-operatively ; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important ; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies
Year 3	What makes a family; features of family life	Personal boundaries ; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour ; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job steps ; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
Year 4	Positive friendships, including online	Responding to hurtful behaviour ; managing confidentiality ; recognising risks online	Respecting differences and similarities ; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
Year 5	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising pre-judice and discrimination	Protecting the environment ; consent ; consent towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations , immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid and FGM
Year 6	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement	Human reproduction and birth; increasing independence ; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug

How are we Preparing for the Changes?

- Working with parents/carers – meeting, working party - postponed due to COVID 19
- Working with pupils – feedback on lessons
- Working with teachers – staff training, working party
- Working with Governors – policy, working party
- Working with specialist support

What Else do Parents/Carers Need to Know?

- DfE parent guidance document
- School policy
- Right of withdrawal

What Happens Now?

- We will continue to work with our school community to help us make the new lessons as effective as possible and guide what we are doing
- Once we are happy with our final curriculum and policy, we will inform parents and carers of this
- All new sessions will be delivered from September 2020
- We will always be available to help pupils and parents with any queries or questions about the lessons or if they need support

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Any Questions?



Thank you for coming along

PLEASE DIRECT ANY QUERIES TO MRS BRISTOW

